

# A Sincere Letter Before Ramadan To Check Our Heart"

## A Clean Heart V/s A Sick Diseased Heart

A salaam alaikum, my beloved Brother M,

I was thinking about you. I worry about you and something so important came to my heart.

Today we are living in a severely stormy life. Family, our style of life, culture, and the sickness of our hearts all contribute to this stormy life. When you are in the middle of all this severe stormy condition, how can you have time and ability to reflect over your own heart?

Today, we are very close to a lifetime chance of redeeming and rehabilitating ourselves. Muhammed Rasoolallah sallallahu alaihi wa salam said, of the meaning of, "In the body is a flesh. If it's good, the whole body is good. If it's bad or sick, the whole body is sick. It is the Heart."

My Beloved Brother, this letter to you is from my love to you and my responsibility with you to try to help you to stop and reflect, and to question the status of your heart and the status of your intention.

Once you do that, you will gain the power, the strength, the tranquility, the belonging and Allah will help you and support you in the stormy condition.

If you win this battle against yourself and you become victorious inside, Allah will take care of the external battle and whatever is happening surrounding you.

Please, like I always say, "Don't blame the condition. Don't blame the storm. Allah is the owner of Condition. Once we become a slave to Allah, he will take care of all our affairs. He SWT will give us the victory inside and outside."

Remember, during Ramadan, you're fighting only yourself, your Nafs, your Shaitan, the small one. (This means, your own personal Shaitan.) All the other times, all year long, you're fighting yourself plus all the army of

Shiateen. ( A very large number of Shaitan.) The battle of your Nafts and Shiateen is small during Ramadan compared to the battle of fighting millions and millions of Shiateen the rest of the year. There is a huge difference between going to the battle of fighting a few compared to the battle of fighting millions and millions and billions. Your chance of winning against yourself and your Nafts in Ramadan is very great and much easier than any other time of year. This means Ramadan is a golden opportunity to win and capture and clean up and to know who you are. It's not the storm or Shiateen; It's my Nafts. That's why I am sharing with you all these verses of the Quran which emphasize the importance of the purification of your Heart, you Niya (intention) and your goal. If you win it, Allah will allow you to win everything. If you can not win the internal battle of the status of your heart, you can not win anything.

My intention is for you to win, to gain victory, to succeed, to be elevated in this life and the Hereafter. This you will never be able to do so unless you win the battle within. I hope you comprehend my message. I'm adding all these verses which actually are a small amount compared to the rest of the verses in the Quran emphasizing the importance of the status of the heart.

If we are living or associating with sick people, sooner or later we will catch their diseases, especially if we already have some of what they have. And Remember! Prophet saws, he saws used to make Dua to Allah swt of the meaning of,

" Oh Allah swt, the One who change the condition of the heart. Hold tight in my heart." meaning, hold tight on my Eman, my Hidayah (guidance), my Niyah(intention). And do not snatch my Eman from me.

Allah swt gives and Allah swt takes. He teaches in Qur'an, Chapter 3 Al-Imran, verse8 -----"(They say), "Our Lord! Let not our hearts deviate (from the truth) after You have guided us, and grant us mercy from You. Truly, You are the Bestower."

This is what I saw in my life according to the teachings of Islam and the words of Allah swt. Why does Allah swt give some people Tawfiq(ability), but they can not receive it? Why can some stay steadfast ( istiqamah ) with Allah swt and Why do some keep going up and down without any ending?

For the sake of all these questions, let me share with you some of the verses of the Qur'an related to the importance of holding tight in your heart with your Iman and niyah and the importance of not deviating from them. Be careful!

Please, my words are not intended to tell you, " You are not among the believers!" or "You are a Hypocrite!" or " You are a disbeliever!" or "You are a liar!" No!!

**No!!!** I love you for Allah swt! You are my brother in Islam. You are my giant tree. I respect you and I admire you. I care for you and our relationship makes me responsible to share with you this knowledge to help you, to support you and to save you and guard you and to make sure you can succeed in your journey with the pleasure of Allah swt with Light of Allah swt.

The following is something I learned. If the soil is corrupted, the soil is sick, or the roots of the tree are sick, then the whole tree becomes sick. Similarly, if the heart is sick, then the entire body is sick and the mind becomes sick. You loose your stability and the journey of Eman. You can loose a lot. Most of all, you loose your soul, your Eman, your guidance and your relationship with Allah swt. But if the water for the tree is pure, the tree will have beautiful sweet crops. It will be very healthy, benefiting itself and others.

Please, take what I tell you from someone who loves you and wants the best for you.

**The Momin's heart is with Allah swt and holds tight to Allah swt, Begging Allah swt, remembering Allah swt. Don't deviate!**

On the other hand, the disbeliever, munafakeen(the hypocrite) they are the ones who go up and down.

At this time, before Ramadan, we should analyze, check, and question the status of our heart and what it contains. We are surrounded by environment and genetic weakness.

I consider this a crucial reminder for All the Believers on Earth, especially at this time of life towards the end of time and the amount of Fitnas

(tribulations) and darkness. This makes our hearts very difficult to see (coursing veil of our hearts).

My intention is to be aware, awake, and examine you.

If the heart is good, everything is OK, everything is all right. If the heart has problems, our whole life has problems.

Again, please, read carefully what I am going to share with you. You might find some of my wording scary or hurtful at times. But it can also be a beautiful reminder and wake up call to build strength and uplift on my journey of renewing my Faith, my Intention, and my priority in life.

### **TODAY WE CAN, TOMORROW WE CAN NOT!**

" I seek Allah's protection from Satan, the accursed."

" In the name of Allah, Most Gracious, Most Merciful."

**Chapter6 Al-Anam, Verses43, 44-----43.** When Our torment reached them, why then did they not humble themselves (believe with humility)? But their hearts became hardened, and Shaitan (Satan) made false seeing to them which they used to do. **44.** So when they forgot ( the warning ) with which they had been reminded, We opened for them the gates of every ( pleasant ) things, until in the midst of their enjoyment in that which they were given, all of a sudden, We took them ( in punishment ) and lo! They were plunged into destruction with deep regrets and sorrows.

**Verse46-----46.** Say (to the disbelievers): "Tell me, if Allah took away your hearing and your sight, and sealed up your hearts, who is there - an ilah (a god) other than Allah who could restore them to you?"

**Verse25-----25.** Of them there are some who (pretend to) listen to thee; but We have thrown veils on their hearts, So they understand it not, and deafness in their ears; if they saw every one of the signs, not they will believe in them; in so much that when they come to thee, they (but) dispute with thee; the Unbelievers say: "These are nothing but tales of the ancients."

**Verses100, 110-----100.** Yet they make the Jinns equals with Allah, though Allah did create the Jinns; and they falsely, having no knowledge, attribute to Him sons and daughters. Praise and glory be to Him! (for He is) above what they attribute to Him! **110.** We (too) shall turn to (confusion) their

hearts and their eyes, even as they refused to believe in this in the first instance: We shall leave them in their trespasses, to wander in distraction.

**Chapter3 Al-Imran, verse144-----144.** If any did turn back on his heels, not the least harm will he do to Allah. But Allah (on the other hand) will swiftly reward those who (serve Him) with gratitude.

**Chapter2 Al-Baqarah, verses6, 7-----6.** As to those who reject Faith, it is the same to them whether thou warn them or do not warn them; they will not believe. **7.** Allah hath set a seal on their hearts and on their hearing, and on their eyes is a veil; great is the penalty they (incur).

**Verse74-----74.** Thenceforth were your hearts hardened: They became like a rock and even worse in hardness. For among rocks there are some from which rivers gush forth; others there are which when split asunder send forth water; and others which sink for fear of Allah. And Allah is not unmindful of what ye do.

**Verse225-----225.** Allah will not call you to account for thoughtlessness in your oaths, but for the intention in your hearts; and He is Oft-forgiving, Most Forbearing.

**Chapter7 Al-Araf, verse100----100.** To those who inherit the earth in succession to its (previous) possessors, is it not a guiding, (lesson) that, if We so willed, We could punish them (too) for their sins, and seal up their hearts so that they could not hear?

**Chapter8 Al-Anfal, verse2----2.** For, Believers are those who, when Allah is mentioned, feel a tremor in their hearts, and when they hear His signs rehearsed, find their faith strengthened, and put (all) their trust in their Lord; **Verse63----63.** And (moreover) He hath put affection between their hearts: not if thou hadst spent all that is in the earth, couldst thou have produced that affection, but Allah hath done it: for He is Exalted in might, Wise.

**Chapter3 Al-Imran, verse167-----167.** saying with their lips what was not in their hearts but Allah hath full knowledge of all they conceal.

**Chapter5 Al-Maidah, verse41----41.** O Messenger. let not those grieve thee, who race each other into unbelief: (whether it be) among those who say "We believe" with their lips but whose hearts have no faith; or it be among the Jews,- men who will listen to any lie,- will listen even to others who have never so much as come to thee. They change the words from their (right) times and places: they say, "If ye are given this, take it, but if not,

beware!" If any one's trial is intended by Allah, thou hast no authority in the least for him against Allah. For such - it is not Allah's will to purify their hearts. For them there is disgrace in this world, and in the Hereafter a heavy punishment.

**Verse52----52.** Those in whose hearts is a disease - thou seest how eagerly they run about amongst them, saying: "We do fear lest a change of fortune bring us disaster." Ah! perhaps Allah will give (thee) victory, or a decision according to His will. Then will they repent of the thoughts which they secretly harbored in their hearts.

**Chapter9 At-Taubah, verse45----45.** Only those ask thee for exemption who believe not in Allah and the Last Day, and whose hearts are in doubt, so that they are tossed in their doubts to and fro.

**Verse75 to 78-----75.** Amongst them are men who made a covenant with Allah, that if He bestowed on them of His bounty, they would give (largely) in charity, and be truly amongst those who are righteous. **76.** But when He did bestow of His bounty, they became covetous, and turned back (from their covenant), averse (from its fulfillment). **77.** So He hath put as a consequence hypocrisy into their hearts, (to last) till the Day, whereon they shall meet Him: because they broke their covenant with Allah, and because they lied (again and again). **78.** Know they not that Allah doth know their secret (thoughts) and their secret counsels, and that Allah knoweth well all things unseen?

**Verse125 to 127----125.** But those in whose hearts is a disease,- it will add doubt to their doubt, and they will die in a state of Unbelief. **126.** See they not that they are tried every year once or twice? Yet they turn not in repentance, and they take no heed. **127.** Whenever there cometh down a Sura, they look at each other, (saying), "Doth anyone see you?" Then they turn aside: Allah hath turned their hearts (from the light); for they are a people that understand not.

**Chapter4 Al-Nisa, verse63-----63.** Those men,-(Allah) knows what is in their hearts; so keep clear of them, but admonish them, and speak to them a word to reach their very souls.

**Chapter7 Al-Araf, verse179----179.** Many are the Jinns and men we have made for Hell: They have hearts wherewith they understand not, eyes wherewith they see not, and ears wherewith they hear not. They are like cattle,- nay more misguided: for they are heedless (of warning).

**Chapter10 Yunus, verse74----74.** Then after him We sent (many) apostles to their peoples: they brought them Clear Signs, but they would not believe what they had already rejected beforehand. Thus do We seal the hearts of the transgressors.

**Verse88----88.** Moses prayed: "Our Lord! Thou hast indeed bestowed on Pharaoh and his chiefs splendour and wealth in the life of the present, and so, Our Lord, they mislead (men) from Thy Path. Deface our Lord, the features of their wealth, and send hardness to their hearts, so they will not believe until they see the grievous penalty."

**Chapter83 Al-Mutaffifin, verse14---14.** By no means! but on their hearts is the stain of the (ill) which they do!

**Chapter13 Ar-Rad, verse28,29-----28.** "Those who believe, and whose hearts find satisfaction in the remembrance of Allah. for without doubt in the remembrance of Allah do hearts find satisfaction. **29.** "For those who believe and work righteousness, is (every) blessedness, and a beautiful place of (final) return."

**Chapter22 Al-Hajj, verse35-----35.** To those whose hearts when Allah is mentioned, are filled with fear, who show patient perseverance over their afflictions, keep up regular prayer, and spend (in charity) out of what We have bestowed upon them.

**Verse53 to 55-----53.** That He may make the suggestions thrown in by Satan, but a trial for those in whose hearts is a disease and who are hardened of heart: verily the wrong-doers are in a schism far (from the Truth): **54.** And that those on whom knowledge has been bestowed may learn that the (Qur'an) is the Truth from thy Lord, and that they may believe therein, and their hearts may be made humbly (open) to it: for verily Allah is the Guide of those who believe, to the Straight Way. **55.** Those who reject Faith will not cease to be in doubt concerning (Revelation) until the Hour (of Judgment) comes suddenly upon them, or there comes to them the Penalty of a Day of Disaster.

**Verse 46-----46.** Do they not travel through the land, so that their hearts (and minds) may thus learn wisdom and their ears may thus learn to hear? Truly it is not their eyes that are blind, but their hearts which are in their breasts.

**Chapter23 Al-Muminun, verse60 to 63-----60.** And those who dispense their charity with their hearts full of fear, because they will return to their Lord;- **61.** It is these who hasten in every good work, and these who are

foremost in them. **62.** On no soul do We place a burden greater than it can bear: before Us is a record which clearly shows the truth: they will never be wronged. **63.** But their hearts are in confused ignorance of this; and there are, besides that, deeds of theirs, which they will (continue) to do,

**Chapter39 Az-Zumar, verse22,23-----22.** Is one whose heart Allah has opened to Islam, so that he has received Enlightenment from Allah, (no better than one hard-hearted)? Woe to those whose hearts are hardened against celebrating the praises of Allah. they are manifestly wandering (in error)! **23.** Allah has revealed (from time to time) the most beautiful Message in the form of a Book, consistent with itself, (yet) repeating (its teaching in various aspects): the skins of those who fear their Lord tremble thereat; then their skins and their hearts do soften to the celebration of Allah's praises. Such is the guidance of Allah. He guides therewith whom He pleases, but such as Allah leaves to stray, can have none to guide. **Verse57-----57.** "Or (lest) it should say: 'If only Allah had guided me, I should certainly have been among the righteous!'"

**Chapter57 Al-Hadid, verse16----16.** Has not the Time arrived for the Believers that their hearts in all humility should engage in the remembrance of Allah and of the Truth which has been revealed (to them), and that they should not become like those to whom was given Revelation aforetime, but long ages passed over them and their hearts grew hard? For many among them are rebellious transgressors.

**Chapter48 Al-Fath, verse11----11.** The desert Arabs who lagged behind will say to thee: "We were engaged in (looking after) our flocks and herds, and our families: do thou then ask forgiveness for us." They say with their tongues what is not in their hearts. Say: "Who then has any power at all (to intervene) on your behalf with Allah, if His Will is to give you some loss or to give you some profit? But Allah is well acquainted with all that ye do. **Verse18-----18.** Allah's Good Pleasure was on the Believers when they swore Fealty to thee under the Tree: He knew what was in their hearts, and He sent down Tranquility to them; and He rewarded them with a speedy Victory;

**Chapter47 Muhammad, verse16----16.** And among them are men who listen to thee, but in the end, when they go out from thee, they say to those

who have received Knowledge, "What is it he said just then?" Such are men whose hearts Allah has sealed, and who follow their own lusts.

**Verse29---29.** Or do those in whose hearts is a disease, think that Allah will not bring to light all their rancor?

**Chapter58 Al-Mujadilah, verse22----22.** Thou wilt not find any people who believe in Allah and the Last Day, loving those who resist Allah and His Messenger, even though they were their fathers or their sons, or their brothers, or their kindred. For such He has written Faith in their hearts, and strengthened them with a spirit from Himself. And He will admit them to Gardens beneath which Rivers flow, to dwell therein (for ever). Allah will be well pleased with them, and they with Him. They are the Party of Allah. Truly it is the Party of Allah that will achieve Felicity.

**Chapter24 An-Nur, verse50----50.** Is it that there is a disease in their hearts? or do they doubt, or are they in fear, that Allah and His Messenger will deal unjustly with them? Nay, it is they themselves who do wrong.

**Chapter49 Al-Hujurat, verse7----7.** And know that among you is Allah's Messenger. were he, in many matters, to follow your (wishes), ye would certainly fall into misfortune: But Allah has endeared the Faith to you, and has made it beautiful in your hearts, and He has made hateful to you Unbelief, wickedness, and rebellion: such indeed are those who walk in righteousness;

**Verse14---14.** The desert Arabs say, "We believe." Say, "Ye have no faith; but ye (only)say, 'We have submitted our wills to Allah,' For not yet has Faith entered your hearts. But if ye obey Allah and His Messenger, He will not belittle aught of your deeds: for Allah is Oft-Forgiving, Most Merciful."

**Chapter50 Qaf, verse33 to 37----33.** "Who feared ((Allah)) Most Gracious Unseen, and brought a heart turned in devotion (to Him): **34.** "Enter ye therein in Peace and Security; this is a Day of Eternal Life!"

**35.** There will be for them therein all that they wish,- and more besides in Our Presence.**36.** But how many generations before them did We destroy (for their sins),- stronger in power than they? Then did they wander through the land: was there any place of escape (for them)? **37.** Verily in this is a Message for any that has a heart and understanding or who gives ear and earnestly witnesses (the truth).

**Chapter33 Al-Ahzab, verse4-----4.** Allah has not made for any man two hearts in his (one) body: nor has He made your wives whom ye divorce by Zihar your mothers: nor has He made your adopted sons your sons. Such is (only) your (manner of) speech by your mouths. But Allah tells (you) the Truth, and He shows the (right) Way.

**Chapter18 Al-Kahf, verse28-----28.** And keep thy soul content with those who call on their Lord morning and evening, seeking His Face; and let not thine eyes pass beyond them, seeking the pomp and glitter of this Life; no obey any whose heart We have permitted to neglect the remembrance of Us, one who follows his own desires, whose case has gone beyond all bounds.

**Chapter8 Al-Anfal, verse24-----24.** O ye who believe! give your response to Allah and His Messenger, when He calleth you to that which will give you life; and know that Allah cometh in between a man and his heart, and that it is He to Whom ye shall (all) be gathered.

**Chapter45 Al-Jathiyah, verse23----23.** Then seest thou such a one as takes as his god his own vain desire? Allah has, knowing (him as such), left him astray, and sealed his hearing and his heart (and understanding), and put a cover on his sight. Who, then, will guide him after Allah (has withdrawn Guidance)? Will ye not then receive admonition?

**Chapter30 Ar-Rum, verse59----59.** Thus does Allah seal up the hearts of those who understand not.

**Chapter47 Muhammad, verse24----24.** Do they not then earnestly seek to understand the Qur'an, or are their hearts locked up by them?

**Chapter24 An-Nur, verse35 to 38----35.** Allah is the Light of the heavens and the earth. The Parable of His Light is as if there were a Niche and within it a Lamp: the Lamp enclosed in Glass: the glass as it were a brilliant star: Lit from a blessed Tree, an Olive, neither of the east nor of the west, whose oil is well-nigh luminous, though fire scarce touched it: Light upon Light! Allah doth guide whom He will to His Light: Allah doth set forth Parables for men: and Allah doth know all things. **36.** (Lit is such a Light) in houses, which Allah hath permitted to be raised to honor; for the celebration, in them, of His name: In them is He glorified in the mornings and in the evenings, (again and again),- **37.** By men whom neither traffic nor merchandise can divert from the Remembrance of Allah, nor from regular Prayer, nor from

the practice of regular Charity: Their (only) fear is for the Day when hearts and eyes will be transformed (in a world wholly new),- **38**. That Allah may reward them according to the best of their deeds, and add even more for them out of His Grace: for Allah doth provide for those whom He will, without measure.

## **TODAY WE CAN TOMORROW WE CANNOT**

Today we are getting close to the beginning of the holy, blessed month of Ramadan. It is the month of the Quran, of reflection on ourselves, of reflection of our hearts and our goals. It is the month to investigate and ask ourselves, "Where are we going? What is our propose in life?"

Take this article with an open heart and examine your heart and see who you are. Remember that you still have time, you are still alive. The door of Mercy of Allah swt is still open, meaning you still have a chance, a beautiful chance! Allah swt is so generous and so merciful! Arham al Rahmeen.

May Allah swt open our hearts to His swt words and wisdom and guidance and grant us the ability to be able to listen and obey.

Remember what Allah swt said in **Chapter10 Yunus, verses55 to 59-----55**. Is it not (the case) that to Allah belongeth whatever is in the heavens and on earth? Is it not (the case) that Allah's promise is assuredly true? Yet most of them understand not. **56**. It is He Who giveth life and who taketh it, and to Him shall ye all be brought back. **57**. O mankind! there hath come to you a direction from your Lord and a healing for the (diseases) in your hearts,- and for those who believe, a guidance and a Mercy.

**58**. Say: "In the bounty of Allah. And in His Mercy,- in that let them rejoice": that is better than the (wealth) they hoard. **59**. Say: "See ye what things Allah hath sent down to you for sustenance? Yet ye hold forbidden some things thereof and (some things) lawful." Say: "Hath Allah indeed permitted you, or do ye invent (things) to attribute to Allah."

